Entrance Antiphon

You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.

Responsorial Psalm

In every age, O Lord, you have been our refuge.

Gospel Acclimation

Alleluia, alleluia!

Let your face shine on your servant,

and teach me your laws.

Alleluia!

Communion Antiphon Like the deer that yearns for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.

ROSTERS - 13th/14th September 2025 Please arrange a swap if you are not available

Bemboka Sat 6pm

Commentator G Bevitt G Berman Readers Woollett Cleaners

Candelo Sun 9:30am

Commentator M Whitby Readers J Coman

Rosie & John Coman Cleaners - Sept

Tathra Sun 7:45am

Kate D'Árcy Commentator Readers Peter D'Árcv

Betty O'Brien, Paul Gardiner Cleaners

Audio-Visual Pat Platts

Eucharistic Ministers Jacinta Battista, Trish Sly

Bega Sun 9:30am

Commentator T Tomlinson Readers M Scott Gifts Volunteer Music Matt Heffernan Sean McCambridge Acolvte Eucharistic Ministers Kathy Rix



For Sale: Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection.

St. Pat's Choir practices Thurs 5.15— 6pm Contacts Mary 0428 471 012 or Matt 0429 338 348.

Meditation & Contemplative Prayer Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.

Sunday Readings Reflection Group Tuesday at 7pm Star of the Sea Tathra. All Welcome.

ROSARY - all are welcome.

Tathra - 7:20am before Sunday Mass

Bega - 9am before Sunday Mass

MENS' GROUP: 2nd & 4th Thursdays St Patrick's Church.

Contact David Grainger: 0409 430 997

St Patrick's Sacramental Programme

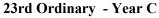
Baptisms—During Mass, 1 month notice Confirmation 2025—8th June 2025 Weddings—by appoint, 6 months notice req. Please contact the Parish Office.

Syro-Malabar Mass 4th Wed of the Month 5pm Bega. Contact Lijoy 0469 341 965 സീറോ-മലബാർ കൂർബാന മാസത്തിലെ 4 ബുധന്ാഴ്ല |വൈകുന്നേരം 5 മ്ണിക്ക് ബേഗ. ബന്ധപ്പെടുക: ലിജോയ് 0469 341 965

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected.

This approach is at the centre of all our thinking and actions.

Parishioners are encourage to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)







St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo Star of the Sea, Tathra.

Parish Priest. Fr. Adrian Chan. Mrs. Tanva Tomlinson, Parish Secretary.

Hrs 9-2 Tuesday & Thursday Bulletin Deadline: Thurs 10:30am Safeguarding, Mrs. Emma Grant, <u>Bega.Safeguarding@cg.org.au</u> St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500 Lumen Christi Catholic College, Pambula, Mr. Shane Giles 6495 8888

Ph. 64921058

PO. Box 6. Bega. NSW 2550.

Email: Bega@cg.org.au

Website: http://cg.org.au/bega/ Facebook: St Patricks Bega

We acknowledge the Djirringanj People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge & respect their continuing culture & the contribution they make to the life of the Bega Valley.

Invitation

23rd Sunday in Ordinary Time

This is one of those gospel passages that makes us stop in our tracks. The



idea of hating anybody is far removed from the message of Jesus, so how come today he tells us that we cannot be his followers if we do not first hate our parents and other family members?

It might be helpful to remember that in the ancient world hyperbole or exaggerated speech was an accepted way of making a point and that clearly Jesus is using hyperbole when he says this. Still it seems like a counter productive way to present your case. The parables that follow this hard saying help to explain exactly what Jesus meant. He wants everyone to know that being his follower cannot be viewed as some kind of optional extra and so, before we decide for him, we should sit down and think about what it entails and then ask ourselves, 'Am I prepared to commit myself to that extent?'



Our following of Christ can easily become an unreflective adherence to a faith into which we were born. We may continue going to Mass merely out of habit or even fear. However, today it is as though Jesus turns around to us and says:

'This is not for the fainthearted. Following me is not about having things easy with God on your side. It is all about forgetting

yourself and that, my friend, is a hard road.' From time to time we need to be shocked out of our complacency and today's invitation to make our own the wisdom of Jesus aims to do just that. Sean Goan.



Happy Father's Day to all our father's and those who father



Welcome Fr Xavier

Father's Day Appeal for retired clergy. A 3rd collection for the support of our retired priests will take place this weekend. Envelopes will be available on the pews. Donations over \$2 are tax deductable.

Thank you from Fr Adrian for your generosity in the gift for his long service leave. He would say a prayer for you all at the tomb of St Patrick's in Ireland while staying at the Carmelite monastery there as well.



Canonization of Blessed Carlo Acutis: the Holy Father announced that Blessed Pier Giorgio Frassati and Blessed Carlo Acutis will be canonized together on 7 September.

Parish News: † From 6th September the Saturday Vigil Masses at Candelo & Bemboka returns to 6pm. † The work on the confessional in Bega to reconfigure for anonymous confessions continues. Thank you for your patience.



St Patrick's Primary News: † Enrolling now - All grades including kinder 2026. For further details and to book an appointment contact the school office 6492 5500.

† Dance Concert - 'This is Me' Wednesday 24th Sept. 12noon. Thursday 25th September 6pm. This vibrant performance will showcase the creativity, confidence, and joy of our students through dance. Tickets \$5. To purchase: https://compasstix.com/e/xrs9o0i4r6

Marian Procession 2025: 26th October, Goulburn, start 8am. This year's celebration will be a vibrant display of unity, prayer, and peace, bringing together people of all ages, cultures, and Christian traditions. As Archbishop Christopher Prowse reminds us: "It is time we showcase unity. It gives a good example to the world." Come with family and friends, walk in procession, pray the Rosary, and gather for Mass as we honour Our Lady and pray for peace in our world.

You're Invited - after mass

- # Tathra Breakfast 2nd Sunday of the Month
- # Bega Morning Tea last Sunday of the Month All Welcome. Please bring a friend.

Sacrament of Penance/Reconciliation Saturday, 9.40 - 10am

Bega Bemboka before vigil Mass Candelo before vigil Mass Tathra before Sunday Mass

Fr Adrian Contact: Mobile: 0411 676 064 Email: Adrian.Chan@cg.org.au

Sunday Mass Times

- ➤ Bemboka Saturdays 6pm Vigil
- Candelo Saturdays 6pm Vigil 1st, 3rd, 5th - Sundays - 9:30am liturgy 2nd, 4th
- Sundays 7.45am Mass **≻**Tathra
- **>**Bega - Sundays - 9.30am Mass
 - 4th Sunday- 9:30am Family Mass

Weekdays

- **➤**Tuesdav 4.00pm Bega Chapel
- ➤ Wednesday 9.00am Tathra.
- ➤Thursday 9.15am Bega Chapel
- Hillgrove House 3rd Thursday 3pm
- **≻**Friday 9.15am Bega Chapel 4:30-5:30pm Bega 'Holy Hour of Mercy'
- ➤ Saturday 9.15am Bega Church

RECENTLY DECEASED: Alan Crawford, Kath Lindwall, Sue Gardiner, Michael Guthrie ANNIVERSARIES Heather Pook, Bernard Collins, Tyler Finucane, Clare Finucane

8th - The Nativity of the Blessed Virgin Mary

Because of her importance in salvation history, Mary's birthday is celebrated as well as those of her son Jesus the Lord, and of Saint John the Baptist.

9th - St Peter Claver, Priest 1580-1654. Jesuit who felt called to mission work in the New World. Sent to Colombia in 1610. For the next 34 years, in the face of opposition from slave owners, he met the slave ships with a band of helpers and interpreters and ministered to the physical and spiritual needs of the slaves, catechising and baptising thousands.

12th - The Most Holy Name of Mary

13th - St John Chrysostom, Bishop & Doctor of the Church 347-407. Appointed patriarch of Constantinople in 397. His reforms, preaching, and ascetic life led to opposition from court and clergy and eventual banishment.

Minute Meditations - Pray, Hope, and Don't Worry

Recognize, Reframe, Repeat: three Rs to help you deal with your daily anxiety. The beauty of this process is that it can work for any person who experiences anxiety—a parent, partner, friend, sibling, boss, coworker, or anyone in your life. You don't need a psychologist or a social worker to do this, though it may help to bring this process to therapy to talk about how it went. Next time you feel anxious, or any strong emotion, simply look at the thought (Recognize) with Jesus, see how you can reexamine the

statement to remove some of the strong emotion (Reframe), and then do it again the next time it comes up (*Repeat*). And remember: Jesus is always with you. Just ask for help.

- from St. Anthony Messenger's "Recognize. Reframe. Repeat." by Fred Cabras, OFM Cap

Wise Words:

I had two options - one was to be silent and be killed. And the second was to speak up and then be killed. I chose the second. I decided to speak up. - Malala Yousafzai.



Synodal Formation Series

Explore what synodality, evangelisation and charisms actually mean through input from Archbishop Christopher, panel of practitioners and Conversation in the Spirit.

Session 1: Synodality: How can I grow in practicing synodality and share this with my community? 18th September 5:30 – 8:30pm

Session 2: Evangelisation: How do we approach evangelisation in a synodal way? 21st October 5:30 – 8:30pm

Session 3: Charisms: How can I grow as a missionary disciple, living and leading through my charisms? 20th November 5:30 – 8:30pm

Register for each session via the link: www.cgevangelisation.org.au/events/series or see the poster at the church entrance.